

Govt report estimates one-third of India's children age 5-9 have high triglycerides

The report "provides a comprehensive and detailed analysis of the well-being of children in the country," the ministry said in a statement

Data gathered via government's ministries and departments, such as National Family Health Survey 2019-21 and Comprehensive National Nutrition Survey 2016-18, were compiled / Image used for representational purpose only

Over a third of India's children aged 5-9 could be having high triglycerides, with Jammu and Kashmir, West Bengal and northeastern states showing highest prevalence, according to a government report.

Over 67 % of children in West Bengal, 64 % in Sikkim, 55 % in Nagaland, 57 % in Assam and 50% in Jammu Kashmir were estimated to have high levels of triglycerides -- a type of blood fat that is known to increase risk of heart disease in later life.

Kerala and Maharashtra were among the states showing lowest prevalence at 16.6 % and 19.1 %, respectively.

'Children in India 2025' -- the fourth edition since its start in 2008 -- was released by the Ministry of Statistics and Programme Implementation during the 29th Conference of Central and State Statistical Organisations (CoSSO) on September 25 in Chandigarh.

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Prematurity and a low weight at birth was found to be the most common cause of death among newborns in the first 29 days of life -- national prevalence estimated at 48 %.

Birth [asphyxia \(not getting enough oxygen\)](#) and trauma during birth, and pneumonia were second and third most common reasons, with a prevalence of 16 % and 9%.

Authors of the report also classified about 5 % of the country's teenagers as [hypertensive](#) -- highest prevalence of 10 % seen in Delhi, followed by Uttar Pradesh (8.6 %), Manipur (8.3 %) and Chhatisgarh (7%)

Over 16 % of adolescents in India were estimated to have [high triglycerides](#).

'Education and development', and 'crimes involving children and child protection' were among other aspects that the report compiled data on.

Overall, 63.1 % of India's children and adolescents are literate, with 73.1 % of those aged seven and above being literate, the report said.

Over 80 % of boys aged 7-9, 92 % of those aged 10-14 and 91 % of those aged 15-19 are literate, while 81.2 % of girls aged 7-9, 90 % of those aged 10-14 and 86.2 % of girls aged 15-19 are literate, it said.

News Source:

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